



How to Write Articles-

Here are a few basic steps to take to craft an interesting, informative article.

Method 1 of 3: Come Up With An Idea

1.Get to know your audience. Decide who you need to write for before proceeding with planning or writing an article. Identify the needs of your readership. What do your readers need to know? How does your own knowledge matchup against the information they need? This will be the easiest way for you to find a topic to write about

2.Be unique. If you are writing an article about something that other people are also writing about, try to be unique in how you approach the material

3.Be passionate. You should care about the topic you choose to write about. Your enthusiasm will show in your writing and it will be much more engaging for your readers

Method 2 of 3: Research Your Idea

1.Learn the basics. Get the general explanation of whatever you are trying to write about. This will give you a basic framework for what to look for as you research.

2. Find reliable sources. Now that you know what to look for, research your topic. You can use the internet, a library, conduct interviews, watch documentaries, or whatever you feel is appropriate to teach you everything you need to know about your topic. Be an expert!

3.Get different types of material. During your research, look for material that isn't text. This can be used or altered to add to your article.

Method 3 of 3: Write Your Article

1.Decide your length. Does this article have a word count? Do you need to fill a certain number of pages? Consider what type of content you're writing about and how much space that can fill, as well as how much needs to be written in order to cover the topic adequately, before proceeding with writing your article.

2.Outline your article. Before you begin formal writing, you will want to outline your article.

3.Edit your work. Before you submit your work, you will want to do some editing and revision. If time allows, wait for a day or two before editing

4.Respect the rights of other writers. If you are using information from an external source, be sure to cite the source at the bottom of the article.

5.Submit your work. When you've finished, submit your work in the appropriate manner.

Contact Us:

Laxmi Book Publication  
258/34m Raviwar Peth, Solapur-413005 India  
Contact: +91-217-2372010 / 9595-359-435  
e-Mail: ayisrj2011@gmail.com  
Website: www.isrj.net

Authorized Signature

*Rajani Kota*

Rajani Kota  
Review Editor



Article Review Report



ORIGINAL ARTICLE

Received : 15<sup>th</sup> Dec .2014, Published: 1<sup>st</sup> Jan.2015

Vol : IV, Issue : VII, January - 2015  
A STUDY ON SOCIAL SUPPORT AND MENTAL HEALTH OF EMPLOYEES

Your Article QR Code

See your article on Mobile



==::Your article is deposited in::=					DRJI
GO ARTICLE (United States)	DOAJ (Sweden)	ZOTERO (United States)	GOOGLE SCHOLAR (United States)	CITULIKE (United States)	MY NET RESEARCH
DIGG (United States)	MENDALEY (United Kingdom)	DELECIOUS (United States)	FIGSHARE (United States)	ENDNOTE (Ireland)	Easybib.Com (United States)

Correspondence to,

**Neeta N.G and Shivakumar S. Chengti**

Research Scholar, Dept. of Psychology, Gulbarga University Gulbarga.

Professor, Department of Psychology, Gulbarga University, Gulbarga.

Happy Writing...

Happy Writing...

ABSTRACT:

The aim of the present study is to examine the Influence of Social Support on Mental Health of Employees selected from Gulbarga District. The Sample consists of 200 (of different occupations and gender) employees. The sample was administered with Social support questionnaire and Mental Health Inventory.

Abstract Report: The Title Accurately Said The Study was About.

INTRODUCTION:

Social support is a concept that is generally understood in an intuitive sense, as the help from other people in a difficult life situation. One of the first definitions was put forward by (Cobb, 1976). He defined social support as ‘the individual belief that one cared for and loved, esteemed and valued, and belongs to a network of communication and mutual obligations’.

Introduction Report: This Article Include Full Introduction, Methods, Results & Introduction Section.

METHODS & MATERIALS:

Must add methods and materials in your article.

Methods & Materials Report: Methods & Materials used to per research topic.

RESULT:

The major objective of the present study has been to examine the mental health of employees belonging to two groups of social support. The sample was administered with social support scale and mental health inventory, and data were subjected to t-test. Results are given in tables.

Result Report: Figures are Imported to Provide Explanation for Background Information. Conclusion of This Paper Clearly Supported Results.

CONCLUSION:

- 1. There is a significant effect of Social support on mental health of employees: high social support employees have displayed higher mental health than the low social support employees.
- 2. There is a significant gender difference in mental health.

Conclusion Report: The Text is Rounded off with a Conclusion that Discusses the Implication of The Findings & Ideas Discussed & Their Impact on Future Research Direction.

REFERENCES:

- Cobb, S. (1976). Presidential address, 1976: Social support as moderator of life distress. Psychoses. Med.; 38: 300-375.
- Cox et al. (1987). The Health and Lifestyle Survey, preliminary report. London, the health promotion research trust.
- Martens R. et al. (1977) Competitive anxiety, Theory and Research Movement, 289-292.
- Soddy (1965) Mental health in a Changing World, London.
- WHO (1974) Alma Ata Declaration, WHO.

Reference Report: There are Places where the Author Neeta N.G and Shivakumar S. Chengti Need to Cite a Reference, but Have Not

RECOMMENDATIONS:

Abstract Report: Introduce New Regular For Content & Communication.

SUMMARY OF ARTICLE:

	Very	High	Average	Low	Very Low
1. Interest of the topic to the readers	✓				
2. Originally & Novelty of the ideas	✓				
3. Importance of the proposed ideas		✓			
4. Timelines		✓			
5. Sufficient information to support the assertions made & conclusion drawn					
6. Quality of writing(Organization, Clarity, Accuracy Grammer)	✓				
7. References & Citation(Up-to-date, Appropriate Sufficient)			✓		

This Article is Innovative & Original, No Plagiarism Detected

Future Research Suggestions

This Article can expand further research for MINOR/MAJOR Research Project at UGC



citeulike



DOAJ

EasyBib

ENDNOTE



MENDELEY

MyNetResearch



zotero

Future Research Planning :

- 2nd To 3rd August 2014 12th International Conference Of Management And Behavioural Sciences (Http://Smbs.In/Newsdetail.Php?Id=39 )
- 2nd To 7th September 2014 International Multidisciplinary Scientific Conferences On Social Sciences And Arts (Http://Sgemsocial.Org )
- 1st To 2nd October 2014 International Research Conference On Business, Economics And Social Sciences, IRC-2014. ( Http://Www.Ircconferences.Com/Upcommings/Malaysia-Conference.Html )
- 1st To 3rd November 2014 3rd Global Conference: Play (Http://Www.Inter-Disciplinary.Net/Probing-The-Boundaries/Making-Sense-Of/Play/Call-For-Papers/ )
- 1st To 4th December 2014 CPSYC 2014 International Congress On Clinical And Counselling Psychology (Http://Www.Futureacademy.Org.Uk/Contentconference.Aspx?Code=2&Description=CPSYC\_Conference&Conference\_Code=2 )
- 4th To 6th January 2015 2015 ISIS MIAMI BEACH International Multidisciplinary Academic Conference - Promoting Global Progress And Excellence In Academia (Http://Www.Isisworld.Org/Conferences-In-Usa/ )

Happy Writing...

Neeta N.G and Shivakumar S. Chengti

Happy Writing...

Neeta N.G and Shivakumar S. Chengti